

RSVP

A bridge between those who need and those who give

Sponsored by the City of Woodburn



Love Santa Inc.



About this time every year, many of us begin to feel the pressure of the holiday season. Holiday meals and gatherings are planned, gift lists are made and a great deal of time is spent finding the perfect gifts for loved ones. Unfortunately, there are many families in our community who don't have the luxury of planning this special time because they are needy. In these present economic times, the need is at an all time high. Love Santa, Inc. is a non-profit organization that has helped local families for 20 years. They provide a hearty meal and toys for about 700 families each year. They rely on donations for the food and toys that are provided. Love Santa has started the 2009 season for helping families in need. With the cooperation of numerous agencies, including the Hubbard Police Department, Woodburn School District, AWARE Food Bank, St. Vincent DePaul and donations from the public. Anyone wishing to make a donation of food or toys can drop off their donations at several Woodburn Businesses, as well as here at the RSVP office. Love Santa will be holding its annual toy drive at Wal-Mart on December 12th. Donations of unwrapped toys, food, or new coats can be made at the Woodburn Fall Leaf Program drop site on Nov. 14th & 21st and Dec. 5th & 12th. Sign-up for help from Love Santa will take place at City Hall Nov. 7th, 14th and 21st. This year Love Santa will hold the food and gift distribution at the Woodburn Armory on December 19th from 9am to noon. The distribution celebration is the highlight of the Love Santa Board of Director, hundreds of volunteers, and the countless people that donate to this wonderful cause! This can not be done without the help and support of the community. If you have any questions regarding Love Santa, donations, or volunteering, please call Robert Prinslow at 503-951-4072.

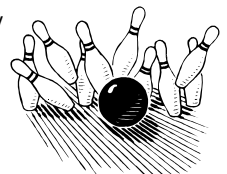
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RSVP is a division of the National Senior Corp under the auspices of the Corporation for National and Community Service.

News from North Marion Adult Center

Our computers are internet friendly. Come get an e-mail account for free to keep in touch with relatives and friends. (SALT) Seniors & Law Together-will be holding their monthly meetings in the Center on the 2nd Wednesday of each month at 11am. The Center has a trained SHIBA (Senior Health Insurance Benefits assistant) representative on our task force, Barbara Campbell. She can be reached at 503-981-3109 if you have questions about your health insurance. Seniors will be bowling at **Woodburn Lanes** on 99E on Saturday afternoon, Nov. 7th and Nov. 21st. The charge is \$5. for two games plus \$1. for shoes. Come play with us.



Sue Speaks Her Mind

The North Marion County Firefighter Food Drive will be taking place on Saturday, December 5th beginning at 9am. The Woodburn, Hubbard, Aurora and Donald Fire Departments will be out in their communities collecting non perishable food items and cash donations. They will be working again this year with the Boy Scouts of America on the National Scouting for Food Day. The neatest thing about this food drive is that all the food collected in the local fire department communities will be staying in those respective communities. The food collected in the Woodburn Fire District area will help feed 200 families through the St Vincent DePaul Community Resource Center. The food collected in the Hubbard, Donald and Aurora area will be distributed to over a 100 families in those areas through the Hubbard Police Reserve Holiday Assistance Program. Those wishing to donate are asked to bring their non perishable food items or cash donations to the curb when they hear the sirens coming down their street. If you wish to not have the sirens used near your residence, call your local fire department prior to Sat. Dec. 5th. Thank you in advance. If you have questions or concerns, please contact James Audritsh at 503-951-2366 and leave a message.



Please HelpHome Crafters Need Yarn

Volunteers needed: SMART Three schools in Woodburn are in need of volunteers to help 2nd graders with reading. **Dial-a-Ride** is always in need of drivers. Volunteers use their own car to transport clients to medical appointments. Mileage reimbursement is provided. **Woodburn Visitor's Center** at the Company Stores, 3 hour shifts, Sunday-Saturday. Meet new and interesting people from all over the world. Don't forget the **North Marion Adult Center**. If you have a talent and want to share it with others, let Beverlee know. If there is somewhere you want to volunteer, let me know. I can find the match for you. There are many opportunities throughout the county. Call the RSVP office at 503-982-5255 for more information.

*The secret of
long life is
double careers.
One to about
age 60, then
another for the
next 30 years.*

David Ogilvey

Volunteer Hour Report

By completing & returning this hours reporting form, you allow RSVP to be in place to help other volunteers find their niche. If you volunteer at an actual site, there is probably a timesheet. Be sure to record your hours. If there isn't a timesheet, please use this form & return it to the RSVP office by the 10th of each month. You may also email your hours to: rsvp.woodburn@ci.woodburn.or.us

Your Name: _____

Telephone: _____ Location: _____

Total Hours: _____ Month: _____ 2009

Project : _____ Supervisor's initials _____



Thanksgiving

Community Information and Education Page

BINGO, BINGO! Tuesday Bingo at the Woodburn Grange Hall. Sponsored by WAASP. Doors open at 12 noon, games start at 12:30pm.



NORTH MARION ADULT CENTER offers a **FOOT CLINIC first Wednesday** of the month 11am-4pm \$20. Call for appointment, 503-982-4531. **CASCADE PARK FOOT CLINIC** is offered the **2nd & 4th Friday of the month**. 9am to 12 noon. \$20. Call 503-981-0033.



AARP Driver Safety Program November 9th & 10th 12:30—4:30pm both days. \$14.00. County Meadows Village 155 E. Evergreen, Woodburn 503-982-2221



WOODBURN LIBRARY BOOK CLUB Meets the second Thursday of every month at noon. You read the selected book on your own time. On the book club date, come to the library ready to talk about the characters, story, themes, and more. **NOVEMBER 12:** *To Kill a Mockingbird* by Harper Lee. Its an easy way to read some great books, exercise your mind, meet fellow readers and have fun!



News From *Salemtowne*

CENTER 50+ SALEM SENIOR CENTER 2615 Portland Rd. NE, Salem 503-588-6303

The new center is open and filled with many exciting workshops and classes. Next time you are in Salem, stop by and check it out!

TRIPS AHOY!! Contact the Center travel office for a complete travel guide or call 503-588-6303. Registrations are taken Mon and Thurs 11am-3pm. All trips are available to anyone 21 years or older.

Center 50+ offers a wide variety of language & cultural, arts & crafts, workshops, fitness, music, personal enrichment. All classes are taught by professional, caring enthusiastic instructors. There is sure to be something to meet your goals. Call the Center at 503-588-6303 to get information on all activities at **Center 50+**, or come to the beautiful new center to register.

Volunteer Opportunities Turn that free time into helping someone else! Center 50+ thrives on volunteer power!

Look-up Center 50+ at the City of Salem web-site. You can find them under "Community Services".

AQUATIC CENTER ACTIVITIES: Water is such a powerful natural element. The pool and spa at the Woodburn Aquatic Center harness that power, providing an environment that is soothing and restorative, as well as just plain fun!

Open Swim: Monday-Friday 1-3:30pm Saturday & Sunday 1-5pm

Lap Swim & Adult Swim: Monday-Friday 5:30am-4pm & 6-8:30pm Saturday & Sunday 1-5pm (2 lanes open)



ARTHRITIS AQUATIC CLASS Tues & Thurs 9:30-10:30AM

HIP FLEXIBILITY Fridays 9-9:40AM

DEEP CARDIO Tues & Thurs 6-6:45am

AQUAROBIKS M/W/F 8-9am and M/T/W/Th 6-7pm

DEEP WATER FITNESS M/W/F 8-9AM **WATER WELLNESS** M/W/F 9:15-10:15am T/Th 8-9am

Support the local **AWARE** food bank. Non-perishable food and monetary donations accepted. Drop-boxes at City Hall, Library and Senior Estates or at AWARE, 680 N. 1st Mailing address PO Box 551 Woodburn, OR 97071.



KEIZER/SALEM AREA SENIORS CENTER 930 Plymouth Dr. Keizer 503-390-7441

PANCAKE Breakfast Saturday Nov. 7th 8am. All you can eat for \$3.50 **MONDAY** Breakfast 8-10 am. We have a menu. **LUNCH** Tuesday-Friday 11:15-12:15 \$3.50 **Dance** Every Friday 9 am. **Nov 13th Honor our Veterans Foot Clinic** Thur. Nov 12th & 19th by appt. 503-390-7141. Many activates thought the week, call center for details.



SOUTH SALEM SENIORS 6450 Fairway Salem 503-588-0748

RUMMAGE SALE Nov 5,6,7 9am-4pm

PANCAKE, ETC. BREAKFAST: Nov. 21 8-10am \$4.00

LUNCH Mon-Fri 12 noon All seniors welcome \$2.75. Many daily activities offered. Call Center for schedule.





WHAT'S HAPPENING

Out & About is your guide for the autumn activities. Look for an exciting list of trips for active adults. If you have any suggestions, call Stu at 503-982-5266. He would love to hear from you.

FALL FESTIVAL of ARTS at Cascade Park Retirement Community, located at 950 Cascade Dr. Woodburn. Thur. **Nov. 12th from 1-4pm**. Showcasing artwork by some of the residents, and local artist from the community. Wine & delicious snacks from our kitchen will be served. Live music by Ron Beebe at 2pm. There is going to be a door prize for an overnight stay at Skamania Lodge. The event is **FREE** and open to the **PUBLIC**. They will be accepting canned good item for AWARE food bank.



LORD of the DANCE is a mesmerizing blend of traditional and modern Celtic music and dance. The story is based upon mythical Irish folklore. Tuesday, November 17; 6pm-11pm. \$65 includes show tickets & transportation. Sign-up at the Aquatic Center 503-981-7946



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We're on the web!

www.woodburn-or.gov/parks



your calendars for **Sunday Nov. 15th 3-4:40 pm**.



RSVP

Woodburn City Hall
270 Montgomery Street
Woodburn, OR 97071

Bulk Rate
U.S. Postage
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97071
Permit No. 161

Marion County Retired & Senior Volunteer Program

